

Kursplan

19.04.2021 - 25.04.2021

Life Fitness Club
Lochweg 22b
97318 Kitzingen
09321 38 26 60
info@lifefit.de



Montag 19.04.2021	Dienstag 20.04.2021	Mittwoch 21.04.2021	Donnerstag 22.04.2021	Freitag 23.04.2021	Samstag 24.04.2021	Sonntag 25.04.2021
08:00 - 09:00 Click and Meet Trai...	08:00 - 09:00 Click and Meet Trai...	08:00 - 09:00 Click and Meet Trai...	08:00 - 09:00 Click and Meet Trai...	08:00 - 09:00 Click and Meet Trai...	09:00 - 10:00 Click and Meet Trai...	09:00 - 10:00 Click and Meet Trai...
08:30 - 09:30 Click and Meet Trai...	08:30 - 09:30 Click and Meet Trai...	08:30 - 09:30 Click and Meet Trai...	08:30 - 09:30 Click and Meet Trai...	08:30 - 09:30 Click and Meet Trai...	09:30 - 10:30 Click and Meet Trai...	09:30 - 10:30 Click and Meet Trai...
08:45 - 09:30 Rehasport Nadja	09:00 - 10:00 Click and Meet Trai...	08:45 - 09:30 Rehasport Nadja	09:00 - 10:00 Click and Meet Trai...	09:00 - 10:00 Click and Meet Trai...	10:00 - 11:00 Click and Meet Trai...	10:00 - 11:00 INDOOR Cycling Jörg
09:00 - 10:00 Click and Meet Trai...	09:30 - 10:15 Rückengymnastik Melanie	09:00 - 10:00 Click and Meet Trai...	09:30 - 10:15 Complex Core Thorsten	09:30 - 10:30 Pilates Marja	10:30 - 11:30 Click and Meet Trai...	10:00 - 11:00 Click and Meet Trai...
09:30 - 10:30 Click and Meet Trai...	09:30 - 10:30 Click and Meet Trai...	09:30 - 10:30 Click and Meet Trai...	09:30 - 10:30 Click and Meet Trai...	09:30 - 10:30 Click and Meet Trai...	11:00 - 12:00 Click and Meet Trai...	10:30 - 11:30 Click and Meet Trai...
09:45 - 10:30 FT movement Thorsten	10:00 - 11:00 Click and Meet Trai...	09:45 - 10:30 Body BALL Sabine	10:00 - 11:00 Click and Meet Trai...	10:00 - 10:30 Feen-Übungen Findet im unten im kleinen Kursr...	11:30 - 12:30 Click and Meet Trai...	11:00 - 12:00 Click and Meet Trai...
09:45 - 10:45 Rehasport Nadja	10:25 - 10:55 Mobilität Melanie	09:45 - 10:30 Rehasport Hockergym... Nadja	10:30 - 11:15 BALLance Thorsten	10:00 - 11:00 Click and Meet Trai...	12:00 - 13:00 Click and Meet Trai...	11:30 - 12:30 Click and Meet Trai...
10:00 - 10:30 Feen-Übungen Nadja, der Kurs Findet unten im k...	10:30 - 11:30 Click and Meet Trai...	10:00 - 10:30 Feen-Übungen Nadja, Kurs findet unten im klein...	10:30 - 11:30 Click and Meet Trai...	10:30 - 11:30 Click and Meet Trai...	12:30 - 13:30 Click and Meet Trai...	12:00 - 13:00 Click and Meet Trai...
10:00 - 11:00 Medizinisches Gerät...	11:00 - 12:00 Click and Meet Trai...	10:00 - 11:00 Medizinisches Gerät...	11:00 - 12:00 Click and Meet Trai...	10:40 - 11:10 Dehnen Maria	13:00 - 14:00 Click and Meet Trai...	12:30 - 13:30 Click and Meet Trai...
10:00 - 11:00 Click and Meet Trai...	11:30 - 12:30 Click and Meet Trai...	10:00 - 11:00 Click and Meet Trai...	11:30 - 12:30 Click and Meet Trai...	11:00 - 12:00 Click and Meet Trai...	13:30 - 14:30 Click and Meet Trai...	13:00 - 14:00 Click and Meet Trai...
10:30 - 11:30 Click and Meet Trai...	12:00 - 13:00 Click and Meet Trai...	10:30 - 11:30 Rehasport Nadja	12:00 - 13:00 Click and Meet Trai...	11:30 - 12:30 Click and Meet Trai...	14:00 - 15:00 Click and Meet Trai...	13:30 - 14:30 Click and Meet Trai...

- Ausdauer
- Body & Mind
- Kraft
- Präventionskurs
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10:45 - 11:30 BALLance Thorsten	12:30 - 13:30 Click and Meet Trai...	10:30 - 11:30 Click and Meet Trai...	12:30 - 13:30 Click and Meet Trai...	12:00 - 13:00 Click and Meet Trai...		14:00 - 15:00 Click and Meet Trai...
11:00 - 12:00 Click and Meet Trai...	14:00 - 15:00 Click and Meet Trai...	10:40 - 11:25 Faszientraining Sabine	14:00 - 15:00 Click and Meet Trai...	12:30 - 13:30 Click and Meet Trai...		
11:30 - 12:30 Click and Meet Trai...	14:30 - 15:30 Click and Meet Trai...	11:00 - 12:00 Click and Meet Trai...	14:30 - 15:30 Click and Meet Trai...	14:00 - 15:00 Click and Meet Trai...		
12:00 - 13:00 Click and Meet Trai...	15:00 - 16:00 Click and Meet Trai...	11:30 - 12:30 Click and Meet Trai...	15:00 - 16:00 Click and Meet Trai...	14:30 - 15:30 Click and Meet Trai...		
12:30 - 13:30 Click and Meet Trai...	15:30 - 16:30 Click and Meet Trai...	12:00 - 13:00 Click and Meet Trai...	15:30 - 16:30 Click and Meet Trai...	15:00 - 16:00 Click and Meet Trai...		
14:00 - 15:00 Click and Meet Trai...	16:00 - 17:00 Click and Meet Trai...	12:30 - 13:30 Click and Meet Trai...	16:00 - 17:00 Click and Meet Trai...	15:30 - 16:30 Click and Meet Trai...		
14:30 - 15:30 Click and Meet Trai...	16:30 - 17:30 Click and Meet Trai...	14:00 - 15:00 Click and Meet Trai...	16:30 - 17:30 Click and Meet Trai...	16:00 - 17:00 Click and Meet Trai...		
15:00 - 16:00 Click and Meet Trai...	17:00 - 18:00 Click and Meet Trai...	14:30 - 15:30 Click and Meet Trai...	17:00 - 18:00 Click and Meet Trai...	16:30 - 17:30 Click and Meet Trai...		
15:30 - 16:30 Click and Meet Trai...	17:30 - 18:20 Rückengymnastik Marion	15:00 - 16:00 Click and Meet Trai...	17:00 - 17:45 Rehasport Mittelstu...	17:00 - 18:00 Click and Meet Trai...		
16:00 - 17:00 Click and Meet Trai...	17:30 - 18:30 Click and Meet Trai...	15:30 - 16:30 Click and Meet Trai...	17:30 - 18:30 Click and Meet Trai...	17:30 - 18:30 INDOOR Cycling Jörg		
16:30 - 17:30 Click and Meet Trai...	18:00 - 19:00 Rehasport Mittelstu...	16:00 - 17:00 Click and Meet Trai...	18:00 - 18:45 Jumping Fitness Rita	17:30 - 18:30 Click and Meet Trai...		

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17:00 - 18:00 Click and Meet Trai...	18:00 - 19:00 Medizinisches Gerät...	16:30 - 17:30 Click and Meet Trai...	18:00 - 18:30 Feen-Übungen Findet im unten im kleinen Kursr	18:00 - 19:00 Rehasport Nadja		
17:15 - 17:45 Feen-Übungen Sabine oder Thorsten, Kurst find	18:00 - 19:00 Click and Meet Trai...	17:00 - 17:50 Bauch/ Beine/ Po Jörg	18:00 - 19:00 Rehasport Nadja	18:00 - 19:00 Click and Meet Trai...		
17:30 - 18:30 Click and Meet Trai...	18:30 - 19:00 Bauch/ Beine/ Po Sabine	17:00 - 18:00 Click and Meet Trai...	18:00 - 19:00 Click and Meet Trai...	18:15 - 19:15 Medizinisches Gerät...		
18:00 - 19:00 Hot Iron Mel	18:30 - 19:30 Click and Meet Trai...	17:30 - 18:30 Click and Meet Trai...	18:30 - 19:30 Click and Meet Trai...	18:30 - 19:30 Click and Meet Trai...		
18:00 - 19:00 Click and Meet Trai...	19:00 - 20:00 Click and Meet Trai...	18:00 - 19:00 Tabata Jörg, der Kurs findet im Freien st	19:00 - 20:00 BALLance Nadja	18:40 - 19:40 Faszientraining Marion		
18:30 - 19:30 Click and Meet Trai...	19:10 - 19:55 Rehasport BALLance Nadja	18:00 - 19:00 Hot Iron Mel	19:00 - 20:00 Click and Meet Trai...	19:00 - 20:00 Click and Meet Trai...		
19:00 - 20:00 Click and Meet Trai...	19:15 - 20:15 Rehasport	18:00 - 19:00 Click and Meet Trai...	19:15 - 20:15 Rehasport Balance	19:30 - 20:30 Click and Meet Trai...		
19:15 - 20:00 Strong Nation Selina	19:15 - 20:00 Rehasport Mobility	18:30 - 19:30 Click and Meet Trai...	19:15 - 20:15 Medizinisches Gerät...	19:50 - 20:35 FT strenght Jörg		
19:20 - 20:40 Yin Yoga Melanie H. Kurs findet oben im t	19:20 - 19:50 Feen-Übungen Sabine, Kurs findet unten im klei	19:00 - 20:00 Click and Meet Trai...	19:30 - 20:30 Click and Meet Trai...	20:00 - 21:00 Click and Meet Trai...		
19:30 - 20:30 Click and Meet Trai...	19:30 - 20:30 Click and Meet Trai...	19:10 - 20:10 BODY ART Melanie	20:00 - 21:00 Click and Meet Trai...	20:30 - 21:30 Click and Meet Trai...		
20:00 - 21:00 Click and Meet Trai...	20:00 - 21:00 Click and Meet Trai...	19:30 - 20:30 Click and Meet Trai...	20:30 - 21:30 Click and Meet Trai...			

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<p>20:30 - 21:30 Click and Meet Trai...</p>	<p>20:30 - 21:30 Click and Meet Trai...</p>	<p>20:00 - 21:00 Click and Meet Trai...</p> <p>20:15 - 21:15 Indoor Cycling COAC... Melanie</p> <p>20:30 - 21:30 Click and Meet Trai...</p>				

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